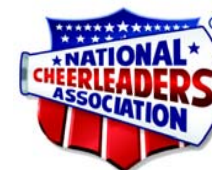


CHEER

Non Building Camp

*Subject to Change

Day 1	Day 2	Fun Day	Day 4
REGISTRATION	BREAKFAST	BREAKFAST	BREAKFAST
2:00 Opening Rally Camp Rules	8:15 Captains' Class 8:30 Team ESTEEM Cheerobics Coaches' Meeting	8:15 Captains' Class 8:30 Team ESTEEM Cheerobics Coaches' Meeting	9:00 Final Evaluation *Repeat NCA Cheer & Chant *Champion Chant & Top Team sign up
2:30 Spirit Dance Coaches' Meeting	8:50 Jump Class	8:50 Cheer & Chant Class	9:45 Optional Competitions *Champion Chant (No Entrance, 3-3-3)
3:15 Camp Cheer Chant Class	9:30 Cheer & Chant Class *Game Day Focus	9:50 Jump Choreography *Individual Jump Sequences	*Game Day Top Team (Game Day Entrance, Crowd Response Cheer, Limited Skills)
4:00 Buddy Time Individual help with material	10:20 Radical Response Class	10:50 Choreography Class	*Performance Top Team (Entrance, Any Cheer, Showcase Team Skills)
4:45 Coaches' Meeting with Buddy Team ESTEEM Camp Details	11:30 Dance Showcase NCA PRIMETIME Sign-up	11:30 Dance Showcase NCA PRIMETIME Sign-up	10:45 Cheer and Chant Review Dance Showcase BleacherMania 2009
DINNER	LUNCH	LUNCH	11:15 Awards 11:45 Closing
7:00 Practice Time with Staff	1:30 Practice Time with Coach	1:30 Practice Time with Coach	
7:30 Camp Cheer Evaluation	2:00 NCA PRIMETIME *Informal Evaluation on Cheer & Chant with Crowd Involvement	2:00 NCA PRIMETIME *Informal Evaluation	
8:00 Jump Technique Class	4:00 Basket Builders	4:00 Specialty Classes *Funk & Advanced Dance/ Extra Cheers & Chants	
8:30 Game Day Entrance Explanation & Demo	DINNER	DINNER	
8:35 Spirit Sticks	7:00 Evaluations *NCA Cheer & Chant w/Crowd Invol.	6:45 Stretch & Warm-up	
8:45 Team ESTEEM Safety Awareness Test	7:30 Specialty Classes *Pom & Advanced Dance/ Extra Cheers & Chants	7:00 All-American Tryouts	
	8:35 Spirit Sticks	7:30 Practice Time with Buddy	
	8:45 Team ESTEEM	8:10 Material Review *Cheers, Chants & Dances	
		8:25 Spirit Sticks	
		8:35 Team ESTEEM	
REMINDER!	REMINDER!	REMINDER!	
Practice material for tomorrow's evaluation. Don't forget that tomorrow is GAME DAY , show your school spirit!	Tomorrow is FUN DAY! Dress in your craziest clothes through dinner. GET SOME REST!	Say goodbye to your buddy.... tomorrow is the last day of camp!	



2009

This year...your chance...STEP UP!